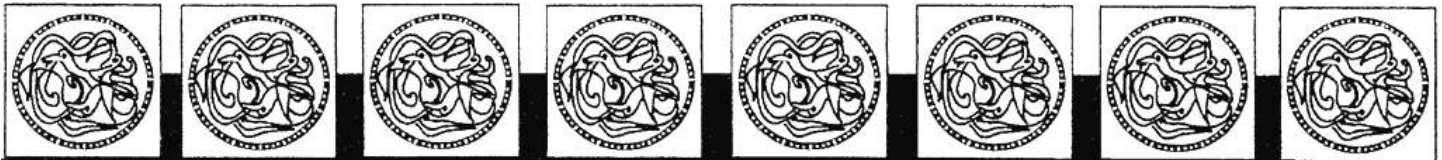


Fosselyngen Runespeak

mai og juni 2016
Volume 41 No. 3



Sons of Norway Fosselyngen Lodge No. 5-082

7507 W. Oklahoma Ave., Milwaukee, WI 53219-2861

FOSSELYNGEN/NORWAY HOUSE – CALENDAR OF EVENTS

MAY	1	Sunday	Welcome to Norway–Lodge Open House	(Page 3)
	9	Monday	Soc/Cult Meeting With <i>Potluck</i> Meal 5 PM Social, 6 PM Potluck, 7 PM Meeting	(Page 2)
	18	Wednesday	Norway House Board Meeting 7 PM	
	23	Monday	Lodge Officer's Meeting 7 PM	Note: Any Member May Attend.
JUNE				
<u>NO MONDAY SOCIAL/CULTURAL OR OFFICER'S MEETING IN JUNE</u>				
<u>Lodge Picnic Cancelled</u>				
JULY				
<u>NO MONDAY SOCIAL/CULTURAL OR OFFICER'S MEETING IN JULY</u>				
	2	Saturday	Outing to Livsreise Norwegian Heritage Center In Stoughton. Meet at Norway House at 8:30 AM for Carpooling.	(Page 3)
AUGUST	8	Monday	Soc/Cult Meeting With Meal 5 PM Social, 6 PM Meal, 7 PM Meeting	(Page 2)
	22	Monday	Lodge Officer's Meeting 7 PM	Note: Any Member May Attend.

OTHER ORGANIZATIONS – CALENDAR OF EVENTS

MAY	14	Saturday	Swedish American Hist. Soc. Mtg. at Redemption Lutheran Church in Wauwatosa, Program: "Travel in Sweden Today" 1:30 PM Go to www.sahswi.org and click on "coming events", or call 414-352-7890 for further info.
JUNE	19	Sunday	Swedish American Historical Society Midsommar at Old World Wisconsin, Eagle, WI 10 AM to 4 PM Go to www.sahswi.org and click on "coming events", or call 414-352-7890 for further info.

Donna Hansen, a member of our Lodge, is planning a "Pilgrimage" bus trip for Norway Lutheran Church of Wind Lake to go to Minneapolis/St. Paul for November 17-20, 2016, to see museum exhibits relevant to the upcoming 500 year anniversary of the Lutheran Reformation, plus other sightseeing in the Twin Cities. Our Lodge members are welcome to go along. See the article with trip details on Page 5.

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Pg. 3: Wel. to Norway Open House; Livsreise Outing; Breadmaking Article	Pg. 8: Photos from Rosemaling Show; DNA from Viking Era (Cont.)
Pg. 4: Message from Jack Lofte	Pg. 9: Notices; Mail Staff; Deadline June 15th
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Like the modern alphabet, runes were the written symbols of our Norse ancestors. Understood only by the very wise, they were used to communicate with others, as well as with the ancient gods.

FRA PRESIDENTEN

(mai og juni 2016)

Hilsen Fra Ellie,

Happy 17th of May. Are you planning on celebrating? Come to our Social/Cultural evening on May 9th. This will be a potluck. Hope to see you.

We do need your attendance and your input on what you like to have as programs. At the April 11th Social/Cultural evening we played Norwegian bingo. The caller was Nick Rogneby. Everyone who came enjoyed themselves, plus we had a good meal.

So hope to see you May 9th. Bring your favorite dish.

Ellie

MONDAY, MAY 9TH, 2016 SOCIAL/CULTURAL EVENING WITH POTLUCK SUPPER

5 PM Social Hour

6 PM **Potluck***

7 PM Short Meeting Followed by Program

The program entertainment will be a video. The subject of the video will be a surprise for us!

***BRING YOUR FAVORITE FOOD:
MEAT, SALADS, AND MORE.
MAY & JUNE BIRTHDAY
MEMBERS PROVIDE DESSERTS.**



MONDAY, AUGUST 8TH, 2016 SOCIAL/CULTURAL EVENING WITH LIGHT SUPPER

5 PM Social Hour

6 PM Light Supper

7 PM Short Meeting Followed by Program

For the August 8th Social/Cultural meeting, Darlene Arneson from Mandt Lodge will join us for the evening and give her very informative presentation about Tubfrim. (Darlene is the Secretary of the 5th District of Sons of Norway).

**JULY & AUGUST BIRTHDAY
MEMBERS ARE TO PROVIDE
DESSERTS**

NEW FOSSELYNGEN MEMBERSHIP DIRECTORY

A new directory is being published. If you do not wish to have your telephone number or e-mail address listed, or if you don't want to be listed at all, please contact Pam Steuernagel at 414-651-4575 by May 12th. Also, if there are any changes since the last (2013) directory, please notify Pam by May 12th.

Ride Share: If you need help getting to or from a meeting or event, please contact Heidi Strom at 262-716-9118 and we will make every effort to find a ride for you. Thank you.

FOSSELYNGEN OFFICERS

President	Ellie Thoresen	262-542-3142
Vice-President	Heidi Strom	262-716-9118
Treasurer	Evonne Hurst	262-786-8683
Secretary (Correspondence)	Janice Gregoire	262-784-6953
Secretary (Recording) (2016 Only)	Nancy Sande	414-231-3586
& (Assisting Nancy Sande 1 st Year)	Maureen Welli	414-774-0507

If you have any questions, please call one of the above officers.
Our web site address is: www.norwayhouse-milw.org

NORWAY HOUSE

7507 W. Oklahoma Avenue
Milwaukee, WI 53219-2861

414-321-2637

Office Hours:

Monday 10-2

Thursday 2-6

Our hall is available for rent

**WELCOME TO NORWAY
ITS CULTURE, TRADITIONS AND PEOPLE
Sunday, May 1st, 2016
11:00 AM – 3:00 PM
Norway House - 7507 W. Oklahoma Avenue
FREE ADMISSION**

Come join Fosselyngen Lodge #82 Sons of Norway for a one-day open house. Demonstrations and information available on the following:

- Food
- Culture/Arts
- Crafts
- Learn Norwegian
- Folklore
- Genealogy
- Bunad Display
- Lodge members available to answer questions
- Travel representative will be on site

Homemade Norwegian food items will be available for purchase. Also, our gift shop, Norsk Butikk, will be open and has many Scandinavian items for sale.

For more detailed info, see the box in the March/April 2016 *Runespeak*, at top of Page 3.



**JOIN OUR LODGE OUTING ON JULY 2ND
TO LIVSREISE IN STOUGHTON**

On Saturday, July 2nd, we will caravan to Stoughton to visit the new Livsreise Norwegian Heritage Center in historic downtown Stoughton. All are welcome to come with us.

We will meet at Norway House at 8:30 AM for carpooling. The Livsreise Center is free. There are various restaurants in Stoughton where we can have lunch. Drivers and riders are welcome. Watch for signup sheet at the upcoming Sunday, May 1st Open House at Norway House or the Monday, May 9th Social/Cultural meeting. Call Jayne Murnane at 414-380-5404 if interested.

NORSK BUTIKK

Note in the box to the left that the Norsk Butikk ***will be open*** for the May 1st **“WELCOME TO NORWAY”** at Norway House.

BREADMAKING

by Reidun Mayer

Memories bring back the many times I used to come home and smell something exceptionally nice. It was different from the dusty and stale smells from the hallway and polluted air in the streets.

“Home sweet home,” I thought! What a wonderful feeling to open that familiar door and find freshly baked breads on the table. My mouth watered; I was ready to grab the crusty bread and taste it.

Do you want to know how Mom got started on bread making? Years ago she felt she should wait up on her children to come home at night. Instead of building up an angry feeling, she started to knead the dough. By the time she got the bread dough set, she had forgotten why she was mad. Lucky for us, because we had a tendency to be late.

When I got my own family, I continued Mom’s breadmaking. Whenever I was frustrated and mad about something, kneading the dough helped to ease the pain. Not only that, my family loved the great smell of bread in the oven. No sooner did it come out, barely cool enough to eat, then it was gone, guess where?

Like my son once said: “Nothing beats it, crusty on the outside and soft on the inside.” He also made another comment: “I guess no more junk foods, now that Mom’s nutritious bread is here to stay.”

Message from Jack Lofte, Norway House Board Member, (2015/16)

Dear Friends, Lodge Members and Supportive Norwegians,

This year Norway House/Fosselyngen Lodge celebrates its 17th year in our beloved building. The building has served us well and will continue to do so with loving care and support of our membership.

The building is of course paid for, but as with all tangible things, needs repairs, replacements and upgrades to keep it in good shape and improve its functionality and appeal. Over the past several years our "Building Fund" has seen numerous issues requiring funding that has depleted our reserves. These include:

- Replacement of our main hall tables
- Replacement of our freezer
- Replacement of our mechanical Potato Peeler
- Grounds rework and paving along the East, South and West exteriors
- Vandal damage to our storage garage door
- Theft of our snow blower
- We need to update our original lock and keying system which also includes emergency access for the Milwaukee Fire Department.
- Additionally we have identified a need to install security cameras (4 – one at each exterior door) and a video recording device.
- We have recommended a Sound Power Level meter so we can measure noise levels and enforce contract limits during rental events. On several occasions we have received complaints from neighbors and courtesy visits from the Police Department.
- The NH Board is looking at options to upgrading our audio/visual system with the intent to offer enhancements and expand programming to serve our social/cultural stewardship and add to the hall rental enticements.

The Norway House Board has initiated a Building Funds account and has begun receiving pledges and donations to restore funding for these worthy projects and future unknowns. Several of our members have committed to work on, install, wire, and provide technical support at no cost.

We are hopeful that our members, friends and families can appreciate the value of keeping our Lodge Building fully functional, up to date and safe.

Please consider helping Norway House restore our Building Funds and keep us current with needs and services for us and for community activities.

Your gift(s) in support of our Building will be greatly appreciated.

We would like to acknowledge your contribution by name and/or amount, but you may remain anonymous – just let us know.

Please direct your contribution(s) payable by check to **Norway House Building Fund.**

Mail to:

Norway House
7507 W. Oklahoma Ave.
Milwaukee, WI. 53219
Attention: Jack Lofte, NH Board

myStory

by Nicholas Rogneby

What brings us all to Fosselyngen is our mutual appreciation for all things Norway. If you're like me, then you probably tend to get a little over-excited when you get to tell somebody about things like the real vikings, the folklore behind trolls, your favorite places in Norway, or even how you're connected to the country.

With your help, I am hoping to launch a new social event series entitled **myStory**. During a **myStory** event, members will have the opportunity to share something (anything) that holds value to them in regard to the culture, history, and place that is Norway. Maybe you'd just like to show us on a map, where you're Norwegian family is from. The floor, and audience, is yours.

There is no real time requirement for your story. Because of this, some events may have multiple stories, while others may only have one full-length presentation. Q&A follow-ups are also encouraged.

In order to make this series happen, I need the following information from you:

- Are you willing to present in front of the group? _____
- How much time (between 5 - 60 minutes) would you like to present? _____
- Would you like to use the audio/video equipment to present with? _____
- Can you give a brief description of what you'll be presenting?

If you'd like to see this sort of event happen, please consider sharing your story with us, then respond to me with the requested info above. I can be reached by email at nrogneby@gmail.com or by phone at 920-723-9257.

Mange takk!

Nicholas Rogneby

NORWAY LUTHERAN CHURCH PILGRIMAGE

NOVEMBER 17-20, 2016

The year 2017 will mark the 500th anniversary of Martin Luther's posting of 95 theses on the door of All Saints Church in Wittenberg. An historic exhibit of the life and work of Luther and the Protestant Reformation, from several museums in Germany, will open for a limited time at the Minneapolis Institute of Arts this fall.

Norway Lutheran Church is planning a **PILGRIMAGE to Minneapolis/St. Paul MN**

November 17-20, 2016 to include the following.....and more...

- **Tour the Luther exhibit at Minneapolis Institute of Arts**
- **Communion Service in Norway's historic Log Church on campus of Luther Seminary**
- **Guided bus tour of the cities**
- **Performance at a theater**
- **Mall of America**

Depart Norway Lutheran Church 6321 Heg Park Rd Wind Lake	Thursday Nov. 17	8:00 a.m.
Approx. Return to Norway Lutheran Church	Sunday Nov. 20	5:00 p.m.

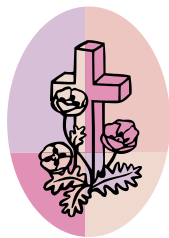
Cost of the trip, including travel by motorcoach, hotel, admissions, and most meals –

\$490.00 per person, double occupancy, \$430.00 per person, triple occupancy.

\$200.00 down payment per person, with reservation; balance due October 1, 2016.

For info and reservations, contact Donna Hanson, 4834 E Wind Lake Rd, Union Grove, WI 53182, or phone Donna at 262-534-3862.

Members who have passed away this past year (between May 1st, 2015 and May 1st, 2016):



Eugene Solveson	8/21/15
Lorraine Kerkes	9/19/15
Lillian Larson	10/14/15
Ardith Strommen	11/3/15
Robert Mayer	1/5/16
Audrey Dalrymple	1/7/16
Nina Evenson	3/1/16

Please remember these members and keep them in your thoughts and prayers.

Thanks to everyone who remembered me with cards and good wishes during my recovery.

Helen Davison

NORWAY HOUSE TORSK SUPPER DATES FOR THE 2016/2017 SEASON

2016
 Sept. 24th, Oct. 22nd, Nov. 12th, Dec. 10th
 2017
 Jan. 28th, Feb. 25th, Mar. 25th, Apr. 22nd

God Bedring

Please remember the following members who have had health issues and are now recuperating:

- Ron Hurst
- Karen Olson
- Ron Hoff
- Evonne Hurst

Sympathy

Fosselyngen Lodge extends its sympathy to the following:



- To the family of Nina Evenson who passed away on March 1st



Please Note: If you receive a notice or call that a member is sick, in a nursing home or has passed away, call Gertie Mork or Ellie Thoresen so that they can be remembered and other officers notified.

Also, don't forget to notify Heidi Strom when a member of the Lodge passes away, since Heidi must notify the Sons of Norway office in Minneapolis. Many people do not purchase a newspaper and others do not indicate in the obituary that they are a member of Sons of Norway.

MY GREAT GRANDPA'S SHIP CAPTAIN'S CHEST

by Reidun Mayer

My great grandpa used his ship captain's chest on his many trips in Europe. I inherited this chest from my grandma.

The chest went with me to the USA. Silver and other valuables from Norway were stored in the chest that we put in the back of our new Volvo that we purchased in Sweden and transported to New York, where we stayed for a few days. Then we drove from New York to Kansas where my first son was born.

A lot of the content of the trunk was later stolen by a babysitter here in Milwaukee.

I hope someday to donate the chest to the Norwegian museum in Stoughton, WI.

PHOTOS FROM MARCH 14TH SOCIAL/CULTURAL EVENING

VELKOMMEN



Welcoming ceremony for new members Michael Bell (center) and Jeannette O'Toole. Marshall Steve Welli is looking on.



Vennlig Troll member Elizabeth Bjork gave us a very interesting presentation about Runes. While attending Masse Moro camp over the past several summers, she earned the title of "Rune Master". Below Elizabeth's picture is a wooden stick on which she put the Rune alphabet with a wood burning kit at Masse Moro camp in 2015. Below that is a chart showing each English alphabet character followed by its corresponding Rune alphabet character equivalent.



A^ʀ, B^ʀ, C[<] or S[>], D^ʀ, E^ʀ, F^ʀ, G^X, H^N, I^ʀ, J^S, K[<], L^ʀ, M^ʀ, N^ʀ, O^X, P^ʀ, Q^ʀ, R^ʀ, S[>], T^ʀ, U^ʀ, V^ʀ or P^ʀ, W^ʀ, X[<], Y^ʀ or S[>], Z^ʀ, EI^ʀ, NG^ʀ, TH^ʀ

ANCIENT DNA SHOWS HOW VIKINGS IMPACTED PLANTS AND ANIMALS

Biologists Sanne Boessenkool and Anneleen Kool at the University of Oslo are researching how the Vikings' travels contributed to the spread of genetic material and development of biodiversity. For this purpose, they are using the DNA material of flax, barley and horses from the Viking era.

"The questions we are investigating have not been researched using ancient DNA material," explains Boessenkool. She specializes in evolutionary genetics and has been researching ancient DNA for the past nine years.

PAST SECRETS REVEALED

"The fascination of old DNA material is that it reveals the secrets of earlier times. We gain insight into areas of life that we otherwise could not become aware of. It's almost like being detectives," says Boessenkool. Anneleen Kool works as a botanist and curator at the University of Oslo Botanical Gardens. She is particularly interested in the interaction between plants and people. Kool has been heavily involved in the planning of the University Botanical Garden's Viking Garden, which was dedicated in August 2014. The facility shows 70 crops that were used in Scandinavia during the Viking era. "It was natural to team up to seek new knowledge, not just about horses, flax and grain, but also about how the Vikings may have helped spread the genetic material to the areas where they settled, thus affecting the genetic composition of plants and animals," explains Kool.

(Continued at Bottom of Page 8)

PHOTOS FROM APRIL 9TH & 10TH ROSEMALING SHOW



(Ancient DNA Shows How Vikings Impacted Plants and Animals) *(Continued from Page 7)*

PIVOTAL HORSES

"We have heard a lot about how exotic spices, silk and other fabrics were imported to Scandinavia during the Viking Era. But we know little about the genetic background of the plants and animals that the Vikings used and how they altered them both consciously and unconsciously," adds Boessenkool. When she chose specifically to research horses from Viking times, there were several reasons. The horse was of great importance for people both in practical matters, transportation and travel - and in religious ceremonies. A total of 26 horses were buried in the ship burials at Oseberg and Gokstad. Vikings from Norway had brought horses along to places such as Iceland and the Orkney Islands.

What similarities and connections can we find between horses from this era that have been found in various places? How did they change genetically and what percentage of Viking Era genes is found in modern horses? These are some of the questions the two biologists want to answer.

(From Sons of Norway Newsletter Service)

NEWSLETTER MAILING STAFF

John & Ann Seastrand,
Darla Thingvold, Gertie Mork
and Pam Steuernagel

Thanks for helping with the
March/April issue.

THANKS TO NORWAY HOUSE HELPERS

A big thank you to Karen Sanderson, Pam Steuernagel, Jack Lofte, Gary Christianson, Kristen Toth and Gertie Mork for doing the outside clean-up work on April 3rd, 2016. Because of you, our building is the best looking one in the area. Thanks again!!!

Norway House Board

Ole arrived at the Pearly Gates and was being shown around by St. Peter. Ole said, "So since dis is heaven, I imagine you have Lutefisk here." St. Peter responded, "No we do not, I'm not going have that smell all over heaven just to make one Norwegian happy."

(As seen in Budstikken newsletter)

Life expectancy would grow by leaps and bounds if green vegetables smelled as good as bacon.

(As seen in Vennskap newsletter)

Torsk Supper Report

(not including about 65 workers)

February 27th, 2016

257 adults & 2 children

March 19th, 2016

154 adults

April 23rd, 2016

278 adults & 8 children

RECYCLING♦♦♦DOES PAY PLEASE Save Your Aluminum Cans For Norway House

Have You Had a Financial Checkup Lately?

If not, contact your field staff representative, Greg Ragan, to set up an appointment to discuss your financial needs at no cost to you. This is a benefit of membership.

Greg Ragan, Sons of Norway
Fraternal Benefits Counselor,
Insurance & Investments
1-800-442-4146



Save used stamps and expired or used phone cards for Tubfrim to help disabled children and youth in Norway. Cut about 1/4 inch around each stamp, **on all sides**. (See "**Cutting & Trimming Stamps for Tubfrim**") guidelines in the Tubfrim article on Page 9 of May/June 2013 *Runespeak*.)

There is a place in the office for the stamps.
Tusen Takk!

When searching the internet, use

www.freelanthropy.com

and designate Fosselyngen Lodge #82. For each search done, the Lodge earns money.

www.sonsofnorwayblog.blogspot.com

Designed to provide up-to-date commentary or news on issues related to Norway and Sons of Norway.

Rosemaling Class

If you have any questions, please contact Karen Sanderson at (262) 679-1377.

Dear Members,

If you would like your newsletter emailed to you, please email me at csjohn@att.net. If you would like both an email copy and a hard copy let me know.

John Schneble, Editor

Please note: If you have any questions about this mailing, address changes or newsletter subscription, please contact Pam Steuernagel at 262-895-6419 or 414-651-4575.

Notice: All articles & information for the July/August 2016 newsletter are **due by June 15th**. Email articles to the editor, John Schneble, csjohn@att.net or mail to: 1024 North 121st Street, Wauwatosa, WI 53226. The editor reserves the right to edit all articles.



Fosselyngen Lodge No. 82
Sons of Norway
 6940 Sandy Lane
 Waterford, WI 53185-1850

NON-PROFIT
 ORGANIZATION
 U.S. POSTAGE
PAID
 MILWAUKEE, WI
 PERMIT NO. 2420

Address Service Requested

**Dated Material Postmaster:
 Please deliver by May 5**

Ingrid and Lars had stopped at a roadside restaurant for lunch. After eating, they had driven for half an hour before Ingrid realized she had forgotten her glasses back at the restaurant. It took a while to get turned around and Lars was grouchy as all get-out. He complained, scolding Ingrid all the way back. When they finally got there, Ingrid got out of the car and hurried to the restaurant.

Lars rolled down the window and yelled, "While you're in there you might as well get my hat and the credit card!"

(As seen is Vennskap newsletter)

Lena was multitasking while speeding down the highway. A highway patrolman pulled up alongside her car and was astounded to see her knitting while behind the wheel. He cranked down his window and yelled, "Pullover!" at the top of his lungs.

"No!" Lena yelled back. "Scarf!"

(As seen is Vennskap newsletter)

Monthly meetings vary. Please see page one for dates and time. Our location: Norway House
 7507 W. Oklahoma Avenue 414-321-2637 * SE Corner next to AMF Bowling Lanes
 Web site: www.norwayhouse-milw.org

The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway and provide quality insurance and financial products to its members. Sons of Norway's mission er a fremme og ivareta norske kulturtradisjoner, og samtidig tilby de beste forsikrings-og finansprodukter til alle medlemmer.

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